

Elmer G Biddick

CHARITABLE FOUNDATION

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Wendy Potter

GRANT APPLICATION

*Must be received in our office on or before the due dates below

Due Dates April 15th and October 15th

Date: October 8, 2019

Name of Organization (must match IRS 501(c)(3) designation) Seniors United for Nutrition

Address 303 W. Chapel Street, Suite 1400

City, State, Zip Dodgeville, WI 53533

Phone 608-930-9845

Person Responsible for the Grant Cecile McManus

Position in the Organization Executive Director

Organization's Purpose The SUN' Program supports and assists seniors 60 and over by

providing hot nutritious meals in a group setting at a site, or home delivered

(Meals on Wheels). It is "More than a Meal" as it also provides a setting for

socialization and fellowship, and programming to promote health & independence.

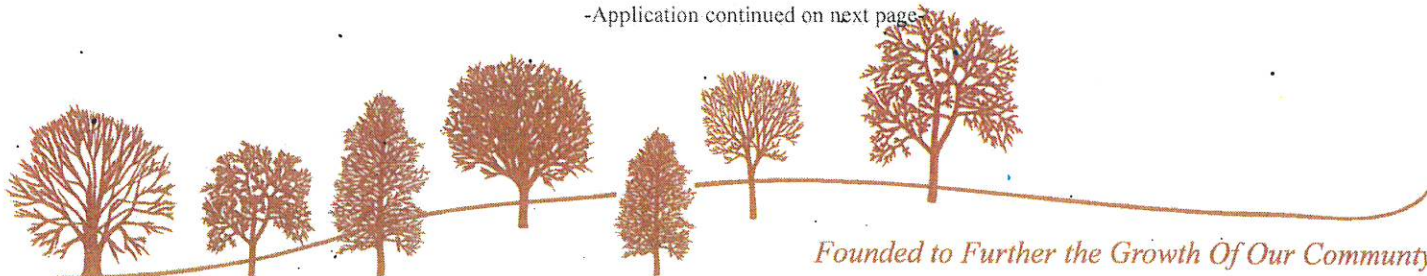
This application must include your organization's latest IRS Letter of Determination showing exemption and public support status. (Not required for units of Government & public schools).

Grant Request \$1000.00

Describe the reason for this grant request in the space below:

See attached.

-Application continued on next page-



Founded to Further the Growth Of Our Community.

REASON FOR GRANT REQUEST (from page 1):

SUN is requesting funds to help with the cost of delivering meals to the rural areas surrounding Linden. The food is prepared by UW Platteville, delivered by a Grant County driver to Livingston, where it is picked up by the Linden site manager. The meals are put together for home delivery by the site manager in Linden, and delivered by volunteer drivers to the participants.

Over the last two years, the number of rural deliveries has grown a lot, outnumbering the town deliveries. As an example, meals are delivered to the Edmund area, Livingston, rural Linden, toward Mineral Point area, and Rewey. The drivers volunteer their time and use their personal vehicles.

To show our appreciation, and to compensate them for their expenses, we offer them a stipend, if in town, or mileage, if out of town. This year so far, our expenses have doubled due to the distance for deliveries. One driver is currently driving 30 miles/day and another is driving 20 miles/day; that is only the rural deliveries, not in town.

We pay mileage/stipends based on the cost of gas; we do not pay the federal amount. Currently, we pay around .39/mile for mileage and .40/stop for stipends.

For the entire program for 2019, we have budgeted \$18,000 for this; currently we are \$3000 over budget. We cannot predict who will need our meals, or where, and try to fulfill every request. The only reason we would not deliver a meal is lack of a driver or road conditions. Since we cannot charge for meals – it is a suggested donation – our income is unknown; our expenses, however, remain constant.

A. SUPPORTING INFORMATION:

1. Specific Use of Grant

As stated, the funds will be used to help with the cost of mileage/stipends given to the volunteer drivers who deliver meals to homebound seniors in the rural areas surrounding Linden, including Livingston, Edmund and rural Montfort if in Iowa County.

2. Time Schedule

This would be an ongoing expense. We serve meals Monday through Friday from the Linden site, all throughout the year, with the exception of holidays.

3. Other Sources of Funding

Older Americans Act (federal), State of Wisconsin	:	36%
Donations from participants for meals		36%
County Levy		10%
Family Care (Care Wisconsin, Inclusive, IRIS) Medicaid from WI		9%
Local Grants, Donations, Annual Appeal, Fundraising		9%

4. Describe the effects of postponing your request to another time

These are immediate expenses that we pay bi-monthly. We would have to look for another source of funding, hold a fundraiser, or ask for an increase in the suggested donation for the meal. We increased this this year, and would prefer not to have another increase so soon. If we cannot give this small compensation to the drivers, I feel we would lose drivers, and not be able to recruit new ones. Reimbursing them for some of their expenses helps to retain drivers, which helps in our program in that the drivers become familiar with the people they are delivering to. The participants also become familiar with the drivers and often times become friends; they look forward to seeing them each day. The drivers also can detect any changes over time, such as medical issues, that can be reported to the manager, who contacts family. This "informal" health check is a side benefit of delivering the meals.

5. Describe who, when, how and where will the effects of this grant be felt.

This will positively affect all the drivers who deliver meals to homebound elderly citizens of the rural Linden area, including Livingston, Edmund, and rural Montfort. This could include 4 – 6 drivers at any one time. We serve Monday through Friday, and can provide extra meals for weekends or holidays. How this will be felt is described above; it will help retain and recruit drivers, especially for the rural areas. Two of our long-time drivers are near retirement in Linden, and will need to be replaced. This will indirectly benefit approximately 30 – 40 different seniors in a year, who will receive these meals. As stated, we try to deliver every meal that is requested, no matter where it is. We realize that these seniors have very few choices in the rural area; many are frail and homebound. There are no grocery stores nearby. We have never had a waiting list, which many counties have. I don't think anyone can "wait" for a meal; it is a necessity to remain healthy. Poor nutrition is a precursor to many other chronic diseases. Our goal is to help keep seniors at home as long as they want and are able to.

B. Enclosed is our Annual Report for 2018, in lieu of B. Thank you for your consideration.

Date: APR 1 1980

FFN 410011004 EIN 39-1340771
SENIORS UNITED FOR NUTRITION
PROGRAM
IOWA COUNTY COURTHOUSE
DODGEVILLE, WI 53533

CASE NO 41002300EO
IRC

Employer Identification Number:
39-1340771
Accounting Period Ending:
December 31
Foundation Status Classification:
509(a)(1) and 170(d)(1)(vi)
Advance Ruling Period Ends:
December 31, 1981
Person to Contact:
D. B. Leung
Contact Telephone Number:
612-725-5811

STP:EO:80-233A

Dear Applicant:

Based on information supplied, and assuming your operations will be as stated in your application for recognition of exemption, we have determined you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code.

Because you are a newly created organization, we are not now making a final determination of your foundation status under section 509(a) of the Code. However, we have determined that you can reasonably be expected to be a publicly supported organization described in sections 509(a)(1) and 170(d)(1)(vi).

Accordingly, you will be treated as a publicly supported organization, and not as a private foundation, during an advance ruling period. This advance ruling period begins on the date of your inception and ends on the date shown above.

Within 90 days after the end of your advance ruling period, you must submit to us information needed to determine whether you have met the requirements of the applicable support test during the advance ruling period. If you establish that you have been a publicly supported organization, you will be classified as a section 509(a)(1) or 509(a)(2) organization as long as you continue to meet the requirements of the applicable support test. If you do not meet the public support requirements during the advance ruling period, you will be classified as a private foundation for future periods. Also, if you are classified as a private foundation, you will be treated as a private foundation from the date of your inception for purposes of sections 507(d) and 4940.

Grantors and donors may rely on the determination that you are not a private foundation until 90 days after the end of your advance ruling period. If you submit the required information within the 90 days, grantors and donors may continue to rely on the advance determination until the Service makes a final determination of your foundation status. However, if notice that you will no longer be treated as a section 509(a)(1) organization is published in the Internal Revenue Bulletin, grantors and donors may not rely on this determination after the date of such publication. Also, a grantor or donor may not rely on this determination if he or she was in part responsible for, or was aware of, the act or failure to act that resulted in your loss of section 509(a)(1) status, or acquired knowledge that the Internal Revenue Service had given notice that you would be removed from classification as a section 509(a)(1) organization.

(over)

Letter 1045(DO) (6-77)

If your sources of support, or your purposes, character, or method of operation change, please let us know so we can consider the effect of the change on your exempt status and foundation status. Also, you should inform us of all changes in your name or address.

Generally, you are not liable for social security (FICA) taxes unless you file a waiver of exemption certificate as provided in the Federal Insurance Contributions Act. If you have paid FICA taxes without filing the waiver, you should call us. You are not liable for the tax imposed under the Federal Unemployment Tax Act (FUTA).

Organizations that are not private foundations are not subject to the excise taxes under Chapter 42 of the Code. However, you are not automatically exempt from other Federal excise taxes. If you have any questions about excise, employment, or other Federal taxes, please let us know.

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

You are required to file Form 990, Return of Organization Exempt from Income Tax, only if your gross receipts each year are normally more than \$10,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of your annual accounting period. The law imposes a penalty of \$10 a day, up to a maximum of \$5,000, when a return is filed late, unless there is reasonable cause for the delay.


You are not required to file Federal income tax returns unless you are subject to the tax on unrelated business income under section 511 of the Code. If you are subject to this tax, you must file an income tax return on Form 990-T. In this letter, we are not determining whether any of your present or proposed activities are unrelated trade or business as defined in section 513 of the Code.

You need an employer identification number even if you have no employees. If an employer identification number was not entered on your application, a number will be assigned to you and you will be advised of it. Please use that number on all returns you file and in all correspondence with the Internal Revenue Service.

Because this letter could help resolve any questions about your exempt status and foundation status, you should keep it in your permanent records.

If you have any questions, please contact the person whose name and telephone number are shown in the heading of this letter.

Sincerely yours,



District Director

This letter supersedes our letter of January 14, 1980 and is effective as of the incorporation date of your organization.

Letter 1045(DO) (6-77)

*SENIORS UNITED FOR
NUTRITION PROGRAM
INC.*

*Serving Iowa and
Lafayette Counties*

*ANNUAL REPORT
1/1/18 - 12/31/18*



**Seniors United
for Nutrition**

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Mission Statement

The SUN Program supports and assists seniors 60 and over by providing hot nutritious meals, home delivered or in a group setting to promote good nutrition and fellowship, reduce isolation and to provide prevention programming to assist in maintaining independence and involvement in their community.

PROGRAM PURPOSE

The SUN Program is designed to help older persons maintain or improve their nutritional status, become involved with other people, and remain self-sufficient and independent as long as possible. The nutrition program is more than just a meal; its purpose is to nourish the whole person.

The SUN Program was established to provide hot, nutritious, noon meals five days a week in a group setting; to encourage fellowship, reduce isolation and provide a planned program of outreach to elderly citizens of Iowa and Lafayette Counties.

The SUN Program also provides home-delivered meals, when necessary and appropriate, to homebound individuals unable to attend a congregate center.

The SUN Program is a private, non-profit organization, designated by GWAAR (Greater Wisconsin Agency on Aging Resources), an Area Agency on Aging, to administer federal Older Americans Act funds and State nutrition funds allocated to Iowa and Lafayette Counties. The SUN Program works closely with GWAAR, the two County Aging Units or ADRC's and other County service agencies to best provide nutrition services to older persons.

ELIGIBILITY

The SUN Program meals are available to anyone age 60 or over and their spouse, regardless of age. The participants of the SUN Program may be from any ethnic, economic and educational backgrounds. Meal cost for anyone over 60 years of age is a confidential, affordable contribution. Individuals under the age of 60 are welcome for lunch, volunteer opportunities and activities. Anyone under the age of 60, who is not handicapped, who eats a meal will be required to pay full cost; in 2017 this was \$10.65. Under 60 handicapped persons are charged a reduced cost of \$8.00. Staff who are under 60 pay \$5.00 per meal.

PROGRAM STRUCTURE

The SUN Board of Directors is a six-member board composed of three county board members from each of the two counties served by the program.

2018 SUN Program Board of Directors

Iowa County

Justin O'Brien - Vice Chairman
Dan Nankee
Jim Griffiths

Lafayette County

Leon Wolfe, Chairman
John Bartels
Carol Korn - Secretary

A Policy Advisory Council (PAC), consisting of at least one representative from each meal site, who is not the manager, has been developed to advise the Executive Director and the Board of Directors in matters directly related to the nutrition centers.

2018 SUN Program Policy Advisory Council Representatives

Arena -----	Bob Sutcliffe
Avoca-----	Home delivery only
Belmont -----	Kitty Crase, Secretary
Benton -----	Vicki Farrey, Vice President
Blanchardville/Argyle-----	Peggy Hendrickson
Darlington -----	Terry Rasmussen
Dodgeville -----	Jean Leigh
Highland -----	Marcella Stanek
Linden-----	Tom Faull
Mineral Point-----	Home delivery only
Shullsburg-----	Vacant

PROGRAM STAFF

The SUN Program has a staff person to fulfill the site manager’s duties for each meal site. Their hours are dependent on the number of meals served, home-delivered meals and other varying needs of the respective meal site. Where meals are prepared on-site, the staff person has the combined duties of cook and site manager.

<u>Site</u>	<u>Title</u>
Arena – Candy Wilson	Cook/Manager
Avoca – Home delivery only;	Office Staff; Volunteer Drivers
Blanchardville – Diane Van Matre	Manager/Restaurant Owner
Hollandale added, home delivery only: 11/01/14	
Belmont – Kendall Krumrei	Cook/Manager
Benton – Farrah Morrissey	Cook/Manager
Darlington – Kathy Kay	Manager
Dodgeville – Sonia Herman to 6/30. Janis Wirts 8/10	Manager
Highland – Tess Bomkamp to 8/30; Naomi Michek 10/1	Restaurant Owner/Manager
Wilson Winkers, Marcella Stanek	Site Volunteers
Tony Kaster, Volunteer	Driver
Linden – Eunice Naeger	Manager
Mineral Point – Home Delivery Only - Office	Office Staff; Volunteer drivers
Shullsburg – Paula Van Lent	Cook/Manager
Darlington/Argyle/South Wayne – Richard Rock	Driver
Don Eicher, Steve Siegler	Drivers, Part-time
Food Delivery, Cooking sites – Jim Bach, volunteer	Driver
Jay Loop	Driver

Administrative Staff

Cecile McManus, RD
Jay Loop

Executive Director, Dietitian
Financial Officer, Office Assistant

CURRENT NUTRITION CENTER LOCATIONS AND OPENING DATES

Shullsburg (Townsend Community Center)	October 3, 1977
Highland, Sts. Anthony & Philip Catholic Church	October 3, 1977
Highland Breakfast, Grandma’s Kitchen/Betsy’s	December 1, 2008
Blanchardville (Viking Café)	December 19, 1977
Dodgeville (Hidden Valley Community Church)	January 23, 1978
Mineral Point (Home Delivery Only)	January 8, 1979
Darlington (Senior Center, Municipal Building)	February 5, 1979
Avoca (Home Delivery only)	December 3, 1979
Argyle (Home Delivered from Darlington)	April 28, 1980
Arena (Arena Manor)	May 18, 1983
Benton (VFW Building)	November 10, 1983
Belmont (Community Building)	May 29, 1990
Linden (Municipal Building)	March 17, 2003

Home delivery has been added for Cobb, out of Linden (new for 2018), and Ridgeway and Barneveld, out of Dodgeville. The Rewey site was closed in December of 2013. The Mineral Point congregate site was closed in December of 2013; home delivery remains in Mineral Point from Hodan Center. The South Wayne site closed on December 16, 2016; home delivery continues there from Darlington.

FOOD CONTRACTORS (catered service)

Avoca -----	Muscoda Site, to 5/31; Highland 6/01.
Blanchardville/Hollandale-----	Viking Café, Blanchardville
Darlington/Argyle/South Wayne-----	Lafayette Manor, Darlington
Dodgeville-----	Bloomfield Manor, Dodgeville
Highland-----	Grandma’s Kitchen; Betsy’s 9/1.
Linden-----	UW-Platteville through Grant County
Mineral Point-----	Hodan Center, Mineral Point

Home delivery only has continued in Avoca on Monday, Wednesday, and Friday, with meals being picked up from the Muscoda site in Grant County, by a driver working for SUN, until 5/31. On 6/01 Highland began providing meals for Avoca. Mineral Point is home delivery only Monday through Friday; meals are picked up directly from the Hodan Center. Home delivery only continues from Darlington for the Gratiot and South Wayne areas.

PROGRAM OPERATED KITCHENS (on-site cooking)

Arena at the Arena Manor
Belmont at the Community Building

Benton at the Benton VFW
Shullsburg at the Townsend Community Center

For the cooking sites, the majority of raw food is delivered to these sites monthly from the SUN office. This is purchased primarily from one vendor, SYSCO, as part of a buying group, Vizient. Perishables and some groceries are purchased locally. Preparation and serving of meals are done by the SUN cook/manager or volunteers supervised by the manager, for these cooking sites.

TOTAL MEALS SERVED – 2018

Site	Congregate	Home Delivered	Total	Unduplicated Persons Served	
				Cong. - H.D.	
Argyle	0	5752	5752	57	
Belmont	1985	1250	3235	67	17
Benton	1623	2519	4142	41	21
Blanchardville	1842	2557	4399	34	16
Blanchardville Breakfast		0		6	0
Darlington	899	0	899	41	0
Shullsburg	950	2543	3493	49	35
TOTAL Lafayette	7299	14,621	21,920	238	146
Arena	1542	1728	3269	43	15
Avoca	0	1207	1207		9
Dodgeville	1839	9997	11836	61	90
Highland	1815	1804	3619	75	21
Highland Breakfast	Above	0			
Hollandale (Blanchardville)	0	1410	1410	0	10
Linden	1454	1140	2594	20	15
Mineral Point	0	3667	3667	0	32
TOTAL Iowa	6650	20,953	27,603	155	150
TOTAL Both Counties	13,949	35,574	49,523	393	296

The actual total number of meals served was 49,780 from SUN reports: Lafayette 22,169; Iowa 27,611. The above numbers are taken from SAM'S data, the State of WI data base. Difference could be due to unassigned sites or programs.

TOTAL MEALS SERVED: COMPARISON

2009	43,825
2010	43,393
2011	41,269
2012	40,925
2013	36,502
2014	36,861
2015	39,720
2016	43,775
2017	46,410
2018	49,780

AGE GROUPS SERVED

In 2018, 399 unduplicated participants were served in Iowa County and 380 in Lafayette County for both congregate and home delivery, for a total of 779. Some people ate both congregate and home delivery, or at Highland and Blanchardville, ate both in the breakfast and lunch congregate program. The age groups break down as follows:

	<u>Iowa County</u>		<u>Lafayette County</u>	
	<u>Congregate</u>	<u>Home Delivery</u>	<u>Congregate</u>	<u>Home Delivery</u>
Under 60	4.3%	5.8%	4.7%	4.8%
Age 60 – 69	21.1	12.1	16.7	7.5
Age 70 – 79	36.0	19.5	37.3	21.1
Age 80 – 89	30.0	38.4	31.8	42.8
Age over 90	8.1	22.6	9.5	22.4
Age over 100	<u>.5</u>	<u>1.6</u>	<u>0.0</u>	<u>1.4</u>
	100.0%	100.00%	100.0%	100.0%

HOME DELIVERED MEALS PROGRAM

The home delivered meals program served 337 unduplicated persons with an average of 144 meals a day. Many individuals served were able to remain independent in their homes for a longer period of time due to the receipt of the meals. For some, their health improved or stabilized with the improved nutritional intake. In many cases, the anticipation of a daily visitor, in the form of the “Meals on Wheels” volunteer, brightens their day. In every case, it is a health check, an important added benefit. The staff of the nutrition program works closely with the county health departments, social services and county aging units (ADRC’s) to provide coordinated services of all programs for the homebound elderly. Discharge nurses and social workers at the local hospitals and nursing homes refer participants as well. SUN also works closely with Inclusa, Care Wisconsin, and My Choice (all Family Care) and the IRIS Program, for home delivery participants. These participants are assessed by the ADRC; if a meal is required, Family Care paid \$11.30 per meal. IRIS paid \$11.20/meal. The total from Family Care/IRIS was \$50,666 or about 9% of SUN’s total income. Meals are requested by the participants, family members, or referrals above.

The Nutrition Program has been instrumental in keeping seniors in their own homes and independent longer, providing significant savings in health care costs. If someone were to receive a meal for \$5.00, every day SUN is open for a year (250 days), this would equal \$1250, about one day in a hospital or one week in a nursing home. There are savings on medications as well.

CONTRIBUTIONS

<u>Participant Donations</u>	<u>Iowa County (average)</u>	<u>Lafayette County (average)</u>
2009	\$3.31	\$3.34
2010	3.59	3.61
2011	3.83	3.66
2012	3.80	3.63
2013	4.15	3.90
2014	4.03	4.12
2015	3.99	3.98
2016	4.05	3.96
2017	4.26	4.29
2018	3.74	4.08

For Iowa County, the average donation decreased by .52/meal, and for Lafayette County, decreased by .21/meal. The total number of meals served increased in 2018 from 2017; 3370 more meals were served. The value of the SUN meal continues to be evident to those using the program, as average donations remain high compared to most counties in Wisconsin. It is disappointing to see the drop in average donation; in Iowa, one participant who was approved for Family Care for two meals/day, was discontinued from Family Care. The participant continued to request meals with minimal donation; SUN cannot discontinue home delivered meals once they begin. It is believed this has skewed the average for Iowa. Since both counties saw a decrease, other factors could be evident. SUN continues to send all home delivery participants a donation statement, began in 2013, for more confidentiality, and financial security.

There is no grocery store in the majority of the communities we serve; these are Avoca, Arena, Belmont, Benton, Highland, Linden and South Wayne. This makes it especially difficult to obtain a variety of fresh, healthy foods, such as produce, dairy, meats and seafood. Besides the social benefits of the congregate sites, the SUN Program becomes a necessity for many seniors to obtain a balanced, nutritious meal, especially for the home bound and those living in rural areas.

<u>MEAL PARTICIPANTS' CONTRIBUTIONS</u>		<u>COUNTY LEVY CONTRIBUTIONS</u>	
<u>TO TOTAL MEAL COST</u>		<u>IOWA</u>	<u>LAFAYETTE</u>
2009	39.0%		
2010	42.0		
2011	36.0		
2012	34.5		
2013	32.2	\$10,640	\$23,360
2014	36.5	20,640	28,360
2015	33.7	20,640	36,360
2016	36.2	20,640	36,360
2017	34.5	20,640	36,360
2018	36.0	20,640	36,360

Federal regulations prohibit the SUN Program from collecting a fee or charging for services. Participants are asked to donate for the meals, as they are able. The suggested donation for 2018 for congregates was \$4.50 and for home delivery, \$5.00, same as 2017. Because of stipends paid to delivery drivers, and the cost of disposables, it was decided that there should be a difference between congregate and home delivery suggested donations. In November, the PAC Committee and the Board approved an increase of .50/meal for 2019, for both congregate and home delivery. Iowa County also approved an increase of \$14,000 to their levy for 2019, making it \$34,640.

IN-KIND CONTRIBUTIONS:

In the majority of communities, city councils, village boards, churches, or community groups provide buildings without charge for nutrition center locations and sometimes, financial support for purchasing equipment, utilities or general upkeep expenses. These are the communities of Belmont, Blanchardville, Darlington, Dodgeville, Linden, and Shullsburg.

For congregate and home delivery, time donated by our volunteers came to 6030 hours, by both seniors and non-seniors. Some of the tasks performed by volunteers at the site include: managing the site (Highland, Blanchardville), assistance with cooking, food transportation, setting tables,

serving food, clean-up after meals, and set-up for special occasions. Time is donated by PAC representatives quarterly for their meetings, and the Board of Directors, who meet monthly.

Volunteers organize activities that are held before or after the meal, that encourage participants to come and to make the environment more inviting. For home delivery, all but one of the drivers volunteer their time delivering meals, but are paid a stipend or mileage; some donate this. Some drivers help at the site preparing the meals for home delivery.

Contributions of usable items are accepted in all nutrition centers to help reduce program costs. These items include such things as: coffee, tea, fresh produce from local gardens (increasing each year; mainly for the cooking sites), snacks, bingo prizes, paper products such as paper towels, napkins, place mats, plastic bags, and decorations for special occasions. About \$2000 worth of these products were donated at all sites; many do not report the value to the managers or the SUN office; this is especially true of the fresh garden produce. And some want to remain anonymous.

* In all, at a value of \$17.50 per hour, \$105,525 worth of volunteer time was donated to SUN. (This rate is recommended by our auditors.)

Additionally, donated rent and utilities for 2018 amounted to \$51,335. Iowa County gives the SUN Program office space, utilities, computer and copy service as in-kind valued at \$9150/year; SUN pays Iowa County \$2400/year rent for this space, making the final in-kind value of \$6750. The ADRC of Iowa and Lafayette Counties include menus and other information on the nutrition program in their monthly newsletters; for Iowa County this is worth \$4800 per year, and for Lafayette, \$6000. (SUN does pay Iowa County for copies and paper). Adding together all volunteer hours, rent, utilities, administration, useable product, and newsletter space, the total value amounts to \$176,410, an incredible value for the SUN Program!!

Besides the SUN staff, the volunteers are the heart of our program. All twelve sites and the office, depend on the support and hours given by the volunteers. As noted above, thousands of dollars are saved by the tremendous generosity of volunteers and the communities where the sites are located. A Volunteer Appreciation event was held for all volunteers and staff in September at the Walker House in Mineral Point. Activities included bingo, a speaker on Emergency Procedures, a volunteer appreciation program, live music, and a meal for about 80 people.

SITE FINANCIAL COMMITMENTS

Rent is paid in only two locations: Arena and Benton. The Village of Benton reimburses SUN for the entire year for rent and phone, upon request (\$3500 in 2018). In December 2015, the Highland site moved to Sts. Anthony & Philip Catholic Church; they have donated the space since January 2017. The Village of Argyle paid SUN \$150/month in appreciation of home delivery there, and the Village of Blanchardville gave SUN \$100/month, which they had been giving to the previous site. As SUN is a private non-profit organization, it also pays rent of \$200 to Iowa County each month for space in the Health & Human Services Building in Dodgeville.

Phone bills were paid by SUN in three locations: Arena, Benton, and Dodgeville. The SUN office takes calls for the Avoca and Mineral Point sites.

SOURCES OF INCOME:

Fundraising & Donations:

Site participants at some nutrition centers hold fund-raising activities throughout the year. In 2007, SUN participants, staff and others, created a cook book of family favorites, with 2000 printed. About 675 remain; these continue to be sold. Belmont does an annual soup supper in October, and gave \$200 to SUN. The decision remains with each site for use of funds raised at that site. Larger donations were \$3000 from City of Dodgeville, \$3500 City of Benton, \$1800 from Village of Argyle. SUN also received part of the proceeds again in 2018, from the pie auction by the Iowa County Cattlemen's Association, for \$1500, to be used for beef purchases for our cooking sites and all site steak cookouts in July. Many individual donations and donations from churches, community groups and other businesses were received.

Annual Appeal: For the fifth year, SUN did an Annual Appeal for Donations. Donation letters were sent to over 400 businesses and individuals the beginning of December. SUN collected a total of \$6823 by the end of 2018, a large increase from 2017. (By April of 2019, \$8068 was collected from 55 donors). One especially generous donor gave \$2500. A general thank you was published in the News & Views (IA) and Upper Horizon (Lafayette), with ongoing updates, in 2018. A SUN Board member was instrumental in composing the Appeal letter, and in designing a new SUN logo. All local income and fundraisers, including the Annual Appeal, equaled \$42,419 for 2018.

Grants:

A grant was received in 2018 from United Fund of Iowa County (\$7000) for home delivery expenses and food transportation in Iowa County. A grant from the Community Foundation of Southern Wisconsin was also given through the DUWI Fund (Darlington) for \$300 for music at the site. A grant of \$1000 was given to Benton in 2018, from CFSW, to help with home delivery expenses, including purchase of new, reusable containers for cold food and trays for hot food. (Funds actually paid in 2019 after purchase). Shullsburg was awarded a grant of \$360 for an electric delivery bag, and South Wayne \$1000 for mileage for the home delivery driver. Blanchardville/Hollandale received \$900 for three new electric delivery bags for Hollandale, which is a rural route served from Blanchardville.

A local foundation that wishes to remain anonymous, gave a grant of \$7000 to the Dodgeville site, to be used for home delivery costs including reusable trays, electric bag, disposables and mileage. **Emergency Food and Shelter, Lafayette County: Grant of \$2800. (All above grants included in the total for donations and fundraising, as advised by auditors). GWAAR funds are grants.**

State & Federal Allocations (GWAAR):

NSIP Funds

	<u>Budgeted</u>	<u>Received</u>		<u>Budgeted</u>	<u>Received</u>
2018	156,480	164,256	2018	\$22,550	\$29,015
2017	156,480	152,332	2017	\$24,500	\$27,198
2016	150,904	156,483			
2015	150,867	150,904			
2014	140,982	151,813			
2013	159,893	171,158			
2012	172,999	171,156			
2011	172,152	177,148			
2010	164,320	171,212			
2009	168,863	142,163			

CONGREGATE ACTIVITIES

Besides healthy meals, the SUN dining center can become the focal point for participants to find companionship, celebrations, inspiration, and educational and fun activities . For many people, the social programs are as important as the nutritious meal: We are “more than a meal”.

Blood Pressure Readings, Foot Care

Two of the dining sites, Arena and Linden, had an RN scheduled to take blood pressure readings and do foot care once every other month.

Nutrition Education, Food Safety

Various presentations of information at all meal sites were given by the Director, a registered dietitian. The UW-Extension nutrition educator in Iowa County, Donna Peterson, provided group educational presentations for Dodgeville, Linden, Highland and Arena. Donna and Stephanie Rogers, UW Extension, also worked in Lafayette County. Placemats, posters, hand-outs, etc. provide health and nutrition information during National Nutrition Month in March, and other times by the health department through SUN (vaccine information). The Director Dietitian tries to visit every site for nutrition education during March, National Nutrition Month, including a food demo and tasting. She also does Lunch & Learn at the Dodgeville site, along with the ADRC and other presenters, on the second Tuesday of every month.

Nutrition information is included most months in the director’s column in both county aging newsletters, the News & Views (Iowa) and Upper Horizon (Lafayette), and is sent out to the sites and to most households in both counties, totaling around 14,500. Nutrition information is included at least four times/year in financial donation letters sent monthly to home delivery participants.

The director/dietitian completed home assessments, which are required of all home delivery participants, in Dodgeville and in Highland, where there is no paid manager, and Avoca and Mineral Point, which is home delivery only. During the assessment, nutrition education and counseling is done as needed. Site managers do the home assessments at all other sites.

EDUCATIONAL & RECREATIONAL

Aging Unit Directors hold public hearings as needed, on proposed aging programs and changes in the aging program funding, pertinent to their programs.

Benefit Specialists from the ADRC of both counties visit nutrition centers several times throughout the year to provide assistance in applying for or solving problems with Social Security, Medicare, Medicaid, etc. The meal site provides a convenient, comfortable location for the seniors to gather and get the information they need. Volunteers from AARP assist with tax preparation at some sites or at the Health & Human Services Building in Dodgeville and Municipal Building in Darlington.

In May, a Senior Social was held in Shullsburg, at the Wheel Inn Restaurant, sponsored by the Lafayette County ADRC. The meal was prepared by the cooks from the Benton and Shullsburg sites. In Dodgeville, the ADRC hosted a Wellness Fair and Expo in September, at the same location as the dining site, Hidden Valley Community Church. This was a huge success, with around 60 meals served at the site. The Director/Dietitian staffed a booth to promote the program, and healthy eating centered around meal requirements. About 200 people attended the Expo.

After the Senior Center closed in Dodgeville in 2015, the Senior Group relocated to the Hidden Valley Church, the SUN site. This long term goal of the director, to get the two groups together, has positively impacted the congregate numbers there, with an active, social group participating in cards, bingo, Lunch and Learn, exercise classes, and a monthly birthday party with live music and guests from other communities. The manager until June of 2018, spearheaded activities and was artistic and creative in getting the seniors involved and become interactive.

Most nutrition centers celebrate special holidays, participants' birthdays, site anniversaries and hold volunteer appreciation parties. Belmont holds an annual appreciation dinner for all of the Village staff and their volunteers, who are very supportive of SUN. In August, Benton held their second Village appreciation day, inviting Village employees, the Board, school and bank officials. The manager/cook in Benton has been doing outreach to the community to make more people aware of SUN, including an article in the Village newsletter, presentation to a local church for senior appreciation day, a booth for Music in the Park, and handing out brochures at the Labor Day celebration. She has also volunteered to administer SUN's Facebook page, along with the ADRC.

Playing cards, bingo, book and magazine exchanges, exercise classes and music are on-going activities at sites where there is interest. Arena plays cards when enough people. In Blanchardville, cards are played every Thursday, before and after lunch at the Viking Café (site). The Senior Center in Darlington is very active! An exercise class meets weekly, as well as a knitting group, a Wii group (virtual sports), cards, bingo, and live music from a grant.

Shullsburg also has a successful birthday party each month, with cards, bingo, and sometimes a guest speaker, with 20 – 25 people usually in attendance. Monthly pasty days are big at Belmont and Shullsburg. Benton also holds a monthly birthday party with bingo. Entertainment is provided whenever possible at birthday parties or holidays at many sites, with live music occasionally.

PUBLIC HEARINGS:

There were no public hearings specifically for the SUN Program in 2018. No sites moved, changed or closed in 2018.

LOCATION: On December 7, 2010, the SUN Program moved from the Courthouse to the new Health & Human Services Building at 303 W. Chapel Street, Dodgeville. The space now occupied by SUN was specifically designed for the senior nutrition program: excellent food storage, including a large dry storage area, a walk-in cooler and freezer, with the office space right off the food storage and delivery area. This makes deliveries safe and efficient, and helps SUN meet State and federal food safety and sanitation codes.

The freezer and cooler have allowed SUN to make larger purchases of food, as needed, when it makes sense. Donations can be received of locally grown garden produce. The food pantry in Dodgeville has used them for overflow, and also donated fresh produce, frozen bread, and cheese to SUN. The larger freezer space allows SUN to distribute venison to the public, through Southwest CAP of Dodgeville. There was no venison available in 2017 or 2018.

The freezer and cooler are also used by other departments in the HHS Building throughout the year, such as Social Services for their annual Christmas Project, UW Extension, the Morale Committee for special meals, the ADRC for meetings, SUN staff and regional trainings, and any event requested, as long as the space is available. SUN thanks Iowa County for use of the space to serve both counties.